

September 2022 – Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Aug. 29	Aug. 30	Aug. 31	Sept. 1	2
No School	Chicken Sloppy Joe's Potato Chips Fruit and Veggies	Walking Tacos Assorted Toppings Fruit	Ham & Cheese Sub Pasta Salad Fruit	No School
5 Labor Day No School	6 Hot Dog Chex Mix Fruit and Veggies	7 Bacon Lettuce and Turkey SUB Pasta Salad Fruit	8 Mexican Baked Potato, Broccoli & Cheese, Salsa Fruit	9 Cheese Tortellini Red or White Sauce, Salad, (WG) Dinner Roll, Fruit
12 Italian Sub Sandwich (Pepperoni & Salami) Baked Chips & Fruit	13 Chef Salad (WG) Dinner roll and Fruit	14 Spaghetti w/ Meat sauce (WG) Dinner roll Salad and Fruit	15 Corn Dog Chips Fruit and veggies	16 Early Dismissal No lunch
19 Chicken Patty Chex Mix Fruit and Veggies	20 Ham & Cheese Sub Pasta Salad Fruit	21 French Toast sticks Sausage links Fruit and Veggies	22 Baked Chicken Drumstick Roasted Potatoes Veggies and Fruit	23 Cheese Pizza Animal Crackers Salad and Fruit
26 Roasted Vegetable Cheese Quesadilla Rice, beans Fruit	27 Pulled Pork Sandwich Potato Chips Salad and Fruit	28 Chicken Nuggets Pretzels, Fruit and Veggies	29 Vegetable Egg Roll Fried Rice Fruit	30 Fish n Fries Veggies and Fruit
K-4th = \$3.25 5 th -8 th = \$3.50 4 th -8 th Extras = \$1.00 Milk = \$.60 Adult = \$4.95	A salad is available each day in place of the main entrée for 6-8 graders. Whole Grains (WG) served at each lunch.	All lunches include ½ pint of milk Milk options include: 1% low-fat milk Low-fat Chocolate milk		