

October 2020 – Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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			Ham & Cheese Sub Chips Fruit/Veggie	Salami Sub Chips Fruit/Veggie
5 Chicken Ranch Wrap Chex Mix Fruit/Veggie	6 BLT (Bacon, Lettuce, & Turkey) Chips Fruit & Veggie	7 Ham & Cheese Sub Pasta Salad Fruit/Veggie	8 Chicken Teriyaki Wrap Pasta Salad Fruit	9 Salami Sub Chips Fruit/Veggie
12 Chicken Ranch Wrap Chex Mix Fruit/Veggie	13 Turkey Sub Chips Fruit/Veggie	14 No School Fall Break	15 No School Fall Break	16 No School Fall Break
19 Chicken Ranch Wrap Chex Mix Fruit/Veggie	20 BLT (Bacon, Lettuce, & Turkey) Chips Fruit & Veggie	21 Ham & Cheese Sub Pasta Salad Fruit/Veggie	22 Chicken Caesar Wrap Pasta Salad Fruit	23 Salami Sub Chips Fruit/Veggie
26 Chicken Ranch Wrap Chex Mix Fruit/Veggie	27 Turkey Sub Chips Fruit/Veggie	28 Ham & Cheese Sub Pasta Salad Fruit/Veggie	29 Chicken Teriyaki Wrap Pasta Salad Fruit	30 Salami Sub Chips Fruit/Veggie
K-8 = \$3.10 Milk = \$.45 Adult = \$3.95	A salad is available each day in place of the main entrée for 6-8 graders. Whole Grains served at each lunch.	All boxed lunches include ½ pint of milk Milk options include: Fat-Free Skim milk 1% low-fat milk Fat-Free Chocolate Milk		