



CRETIN- DERHAM HALL FLAG FOOTBALL

FOR 1st- 8th GRADE BOYS AND GIRLS

Each session will include a warm-up and skill development session, followed by two 20 minute flag football games. Registered boys and girls will be randomly divided onto teams based on grade for each session. Kids will learn the fundamentals of throwing, catching, coverage, and defending in a fun, inclusive environment.

SESSION 1 MONDAYS & WEDNESDAYS 9-10AM

\$45 (Includes CDH Football T-Shirt)

JUNE 18

JUNE 20

JUNE 25

JUNE 27

SESSION 2 MONDAYS & WEDNESDAYS 9-10AM

\$45 (Includes CDH Football T-Shirt)

JULY 16

JULY 18

JULY 23

JULY 25

BOTH SESSIONS \$75 (Includes 1 CDH Football T-Shirt)

Sessions will be held on the South Turf Field (Wingerd Field) except for June 18 & 20 which will be on the West Athletic Fields.

Questions: Email Jerry Macken at gmacken@cdh.org or call at 651-696-3348

Please mail completed registration form to:

Jerry Macken

CDH Flag Football

Cretin- Derham Hall H.S.

550 South Albert Street

St. Paul, MN 55116

**Please indicate which session or both sessions

**Please make checks payable to Jerry Macken

CDH Athletic Summer Camp Registration

Use ONE registration form for EACH clinic/camp/league you plan on attending. Send the registration and check to the appropriate address provided on the information sheet regarding each camp/league. Please print the following information:

Please specify which camp AND session (if applicable) this registration is for:

Camp: _____ Session/Time: _____ Weight (Wrestlers only): ____ lbs

Name: _____

Address: _____

City: _____ State: _____ Zip Code _____ Age: _____

Grade Entering (Fall 2018): _____ School: _____

E-Mail: _____

Parent(s)/Guardian(s): _____

Parent(s)/Guardian(s): _____

Home Phone: _____ Work Phone: _____

If a T-Shirt is provided for the camp you are registering, please circle size:

Shirt or Short Size (Circle One):

Youth: S M L

Adult: S M L XL

Permissions and Waivers

I give my permission for _____ to participate in the Cretin-Derham Hall Summer Clinic/Camp/League, as s/he is healthy and under no physical restrictions. I/we know that participation in sports may result in serious injuries and protective equipment does not prevent all injuries to players and do hereby waive, release, absolve, indemnify, and agree to hold harmless Camp Instructors, Cretin-Derham Hall, supervisors, participants and persons transporting my/our child to and from activities for any claim arising out of injury/ies to my/our child whether the result of negligence or for any other cause.

Parent/Guardian Signature _____